

Information after composite fillings

Today you have had one or more composite fillings.

The missing tooth substance has been replaced with composite.

Where there was caries, old fillings or unmineralised enamel the drill has made room for the new filling. The filling is has the original shape of the tooth.

Every time a tooth is drilled into there is a risk that it might hurt afterwards. This risk is greater when composites are used, but is also determined by a lot of other things such as sensitivity prior to drilling, the depth of the cavity and whether or not a cavity liner is used when placing the filling.



In rare cases a tooth might be so painful after being drilled into that it needs to have a root canal but fortunately, that is a very rare occurrence.

If a tooth becomes sensitive after a composite filling you will feel weak spontaneous pain and an increase in sensitivity to cold that gradually diminishes over a period of up to half a year.

If you are bothered by the increased sensitivity it is a good idea to maintain perfect oral health at all times to minimize bacterial challenges.

A fluoride treatment can in many cases reduce the symptoms considerably whereas intake of acidic food and drinks will have a tendency to produce worse symptoms.

Read more on Toothportal.co.uk

Searchword: "Composite filling" / "Cavity liner"

